

PLay Skills *Ready! Set! Go!*

Play Skills Camps (ages 6-9) are designed to support the development of fundamental movement skills such as throwing, catching, running, and jumping. With these skills, kids have a foundation to explore and enjoy different sports and physical activities for life. Action-packed sports sessions will focus on the ABC's of Physical Literacy:

- Agility
- Coordination
- Balance
- Speed



Week 1: \$75/child

July 4-7 (Tue-Fri)
9:00am–1:00pm
Rutland Arena



Week 2: \$75/child

Aug 8-11 (Tue-Fri)
9:00am–1:00pm
Kinsmen Fieldhouse Hall

To Register, Call 250-469-8800

For more information, go to www.pacificsportokanagan.com